

# The Rear View Mirror

News about BREMC Any ideas for the newsletter? Send an e-mail to Jack Weller with your suggestions.

January 8th  
NEXT MEETING  
Deer Brook Golf Course Shelby

January 2015

Broad River European Motor Club

Shelby, North Carolina 28150

Volume VII Number 01

## JANUARY MEETING

Join us **Thursday, January 8th at Deer Brook Golf Course and Restaurant** off Post Road for our regular monthly meeting. Planning for 2015 – Your Ideas encouraged and welcomed. See worksheet on page 5 of the newsletter

### E-MAIL YOUR DINNER RESERVATION

Please e-mail **Skip Wise**, president, that you will be attending so that he may let the restaurant know how many to prepare for the meal by **TUESDAY NOON**. **Skip's** e-mail address is [jwise@carolina.rr.com](mailto:jwise@carolina.rr.com)

## SHELBY CHRISTMAS PARADE

We had three red and three green cars in the parade this year.

Folks came from far and wide to be part of the parade. Thanks to **Doug & Cindy Carlisle, Jon & Lynn Wise, Jeff & Dawn**

**Dreibus, Wilbur & Lundy Wright, Iverson Smith & his granddaughter Gracie Wilson, Barb & Jack Weller**



## NO DECEMBER MEETING MINUTES

As we met December 4<sup>th</sup>, at Deer Brook Golf Course and Restaurant, we enjoyed a wonderful Christmas Party with wonderful food and contests provided by Cindy Carlisle.

Contest Winners: **Mary Long, Mac McCuen, Missy Holland and Treasure Teague** and poinsettia winners were **Page Morgan, Phyllis Plowden, Tracy Davis, John Elmore**, (guests for the event) and **Randy Dillingham**. Thanks to all!

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## PRESIDENT'S MESSAGE

December 25, 2014

It is Christmas Day as I write this and have a few thoughts....It's the time of year when we look around us, remember who we are, and give thanks for all that we have. One thing I am thankful for is being part of a Club that shares enjoyment of cars and motorcycles of European manufacture. This hobby of ours is a great way to expand our interest in these inventions as well as evolving and sustaining friendships. This combination brings us together at least once a month as a club.

I am not one to make New Year's resolutions. If you need to resolve to do something better, why wait? Over the last 6 years, I have learned to appreciate the executive committee of the club. It is a challenge trying to create or maintain ways to expand our interests. One thing is certain; the club is not the Executive committee. BREMC is all of us.

I am excited to take on the President's "challenge". I am ready. The Executive committee will be asking for ideas and volunteers to make things interesting and fun. Several folks have already volunteered to find, develop and create opportunities for the club. THANK YOU!

You might have guessed by my writing style that I am an engineer. Yes, a Wolfpack grad. I will try not to let that hinder my relationships with the diverse experiences in our club. But I will do my best to make a difference with you whatever your background happens to be. We have the common interest of our BREMC hobby to bridge over any gaps along the way. Thank you for allowing me the opportunity to have the President's role! I am going to have fun! I hope you will too!

*Skip Wise, President*

## 2015 DUES ARE DUE – SEE JOANNE COX

Just a friendly reminder, dues are now due for 2015.

1. If you want to save the postage, bring a check for \$35 to our next meeting and give it to Joanne Cox.
2. Or if you want to send it to the official BREMC Post Office Box, which is;  
BREMC  
P. O. Box 1263  
Boiling Springs, NC 28017

Looking forward to seeing everyone at our next meeting and looking forward to a great 2015!

Communications is an important part of any organization. The newsletter is published monthly

*to encourage and to promote* events, *to share* activities and information,

*to introduce* members to the love of cars, *to involve* you in helping others and *to celebrate* our successes.

If you have ideas for articles please send by the 15<sup>th</sup> of the month. If not received in a timely manner, item may not make newsletter that month.

Goal is to send newsletter the Friday before our regular meeting. Let us know how you like the newsletter, e-mail **Jack** at [ws Keller@aol.com](mailto:ws Keller@aol.com)



## BREMC OFFICERS & COMMITTEES

President – Skip Wise \*  
 Vice President –\* Charles McCuen  
 Secretary -- Renee Bumbaugh \* & Joanne Cox \*  
 Treasurer – Joanne Cox \*  
 Immediate Past President, -- Wilbur Wright \*  
 Car Show Director – Tom Greene  
 Historian – Cindy Carlisle  
 Special Events Coordinator – Bruce Harless  
 Program Chair – Alan Teague  
 Membership- **Doug Carlisle Interim**  
 Newsletter – Jack Weller  
 Publicity – **OPEN**  
 Regalia & Accessories – Alan Teague  
 Technical Director – Iverson Smith  
 Website – Don Byrnes

- Executive Committee Member

## EVERY SATURDAY MORNING WEATHER CO-OPERATING

COFFEE, CARS & CONVERSATION  
 BRUCE HARLESS INVITES YOU ON SATURDAY  
 MORNING TO STOP INTO  
 LILY BEAN COFFEE SHOP  
 ON THE COURT SQUARE -- SHELBY, NC



MEET SOME GREAT PEOPLE  
 TALK CARS

GROUP MEETS FROM 8AM TO 10AM

CHARLOTTE CARS & COFFEE  
 First Saturday of the Month  
 Cars & Coffee Charlotte, NC

CARS & COFFEE OF THE UPSTATE  
 Third Saturday of the Month  
 Cars & Coffee Greenville, SC

## 2015 Meetings / Events Calendar

The 2015 Calendar is updated as Events are sent to be posted. If you know of events and have the date, please send them to Jack Weller

DATE	Meeting / Event
<b>JANUARY</b>	
8	BREMC Monthly Meeting
17	Table Rock Sports Car Club Fun Drive
<b>FEBRUARY</b>	
5	BREMC Monthly Meeting
<b>MARCH</b>	
5	BREMC Monthly Meeting
28	<b>Carolina British Classics XI, Columbia Speedway, Cayce, SC</b>
<b>APRIL</b>	
2	BREMC Monthly Meeting
5	<b>Clifford's Army Rescue</b>
17-19	The Gathering Shelton Vineyards Dobson, NC
25	<b>Broad River European Classic Shelby, NC</b>
<b>MAY</b>	
7	BREMC Monthly Meeting
24	<b>Southeastern British Motorcar Owners Club (SBMOC) will host an all British car show at Furman University in conjunction with Greenville Scottish Games</b>
<b>JUNE</b>	
4	BREMC Monthly Meeting
<b>JULY</b>	
2	BREMC Monthly Meeting
4	INDEPENDENCE Day Parade -- LATTIMORE
11	<b>National Collector Car Appreciation Day <a href="http://www.hagerty.com">www.hagerty.com</a></b>
<b>AUGUST</b>	
6	BREMC Monthly Meeting
<b>SEPTEMBER</b>	
3	BREMC Monthly Meeting
6	<b>The Auto Lawn Party – Hickory Note Date Change <a href="http://www.theautolawn.com">www.theautolawn.com</a> to register.</b>
9 to 14	<b>Vintage Triumph Registry National Shelton Winery Dobson, NC</b>
18 -21	<b>Auto Fair – Charlotte, NC</b>
27	<b>Autumn in the Mountains BCCWC Hendersonville, NC</b>
27	<b>MG's on the Green Harrisburg, NC</b>
<b>OCTOBER</b>	
1	BREMC Monthly Meeting
4	<b>Shelby Senior Center Car Show</b>
11	<b>Brits on the Beach – Wilmington, NC</b>
16	BREMC Sponsored Wine Tours part of Euro Auto Festival
17	Euro Auto Festival BMW Zentrum Greer, SC
<b>NOVEMBER</b>	
5	BREMC Monthly Meeting <b>Hog Happin'</b>
<b>DECEMBER</b>	
3	<b>BREMC Christmas Party SHELBY CHRISTMAS PARADE</b>

BREMC Meetings & Christmas Party will be at Deer Brook Golf Course Restaurant, unless otherwise posted.

**Highlighted events need confirmed 2015 date.**

## WAKING SLEEPING BEAUTY -- HOW TO READ USED CAR ADS

This article is written with my apologies to *Tiny Gould* who published a similar list some 20 or 30 years ago. I got to thinking about this when I saw a post on a web site by a fellow who said something like, This year I had my car fully restored, next year I am going to have a new top installed. NOT. Evidently his definition of fully restored and mine are different. I think that a fully restored car is one that looks, runs, rides and drives like a new car.

Here are a few samples of automobile ads and my interperation. See how many more you can come up with.

Stored for 15 years -- under an oak tree.

A really unique automobile -- think Yugo or Tatra.

A really rare automobile -- nobody liked it when it was new.

Photographs added from a quick search in the internet of car ads.



A unique color combination -- ordered by an LSD crazed hippie, or \_\_\_\_\_ you fill in the blank.

A true barn find -- no charge for the possums, rats, spiders or snakes.

Driven only on sunny weekends -- at the local drag strips.

Really low miles -- see above.

Good miles -- It has served admirably but it is about ready to fall apart, and I need to unload it.

Repainted in an original color -- John Deere green.

Uses a little oil -- great for fogging mosquitos.

Ran great when parked -- only missing on 3 cylinders.

Fully restored -- if you ignore the Mexican blanket seat covers, Earl Schieb paint job and the duct tape repairs to the soft top.

Never out of the county -- I was afraid to drive it more than 5 miles from home.



Engine turns over by hand -- will run good after a complete rebuild.

Has a slight noise in the transmission -- ONLY missing 1 tooth in first gear.

Body work done using metal -- galvanized roofing material, pop rivets and sheet metal screws.

A really solid body - repaired using typical rust belt techniques -- 5 gallons of Bondo and 10 gallons of roofing tar.

Body has 20 coats of paint -- it took that many to cover the poor body work.

Body has 20 coats of paint. Do not take it out into the sunlight, the paint will crack and craze like an African mud flat it the middle of the dry season.

Restored by a real \_\_\_\_\_ (you fill in the blank) fanatic. He was crazy as a bed bug.

**Iverson Smith, Technical Advisor**

### NEW YEAR'S RESOLUTIONS TO TRY

Editor's Note: While looking to fill an empty spot in the newsletter, found these 15 things to try in 2015. Thought it was worth sharing.

#### 1. Picking up the phone and calling a friend or family member instead of texting.

Calling on the phone seems to be a lost art, which is a shame, when you think about how often we communicate through texts, gchats and sometimes even Snapchats. Taking the time to hear a person's voice and catch up will not only give you a break from the digital world, but allow you to build your relationships without having to figure out their tone of voice or wait until the next family holiday to have a conversation.

## 2. Do something different with the way you spend your money.

Now, it's common for people to want to save more in the new year, but there's lots of ways to go about that. For instance, instead of putting money away every month, consider [low-risk investing](#). It's a great way to build up funds without heavy lifting. You could also pay down loans you might have, even if it's just a few dollars more. But if you're super tight on cash...

## 3. Cut out or limit one thing that sucks your money.

You should feel comfortable spending on things that you want, but in the new year, it's not a bad idea to put a limit on how much you're spending. If you're into Starbucks drinks for instance, limit yourself to one a week, or every two weeks. Vow to use the coffee machine at work more often to make up the difference.

## 4. Focus on eating healthier foods, not depriving yourself of the bad ones.

The same goes for unhealthy foods. You don't have to go cold turkey, but set goals for yourself. And don't say "My resolution is to give up sugar," because that phrasing alone makes you feel deprived. Instead, think of healthier foods to add to your diet, so it feels like you're actually gaining something — and it won't be weight.

## 5. Volunteer, but be specific.

Volunteering more is a great resolution, because you're not only helping others, but your own self-confidence can grow, too. But don't limit yourself to volunteer work, in general. Pick an organization or sector that could use your help, like [animal shelters](#) or [Habitat for Humanity](#). Getting specific will help you feel like you actually have to (and want) to follow through.

## 6. Ask for help when you need it.

Whether that means in school, work or at home, make an effort to let others help you, and to reach out to them when you need help. [Feeling stressed](#) is overwhelming and can cause exhaustion and anxiety. If you don't get something in class, let your resolution be to see someone in the tutoring center. If you're going through a hard time, find a counselor to help you work through your feelings.

## 7. Make time to get back to your passions.

Get back to your roots, or what makes you happy, and find a way to foster that in your life. Take an acting or improv class if you love to perform. If you're unsure, check [Groupon](#) for deals and chose something that you find interesting. If you don't like it, try something else.

## 8. Speak up at least once during meetings or in class.

"Being a better worker" or "trying harder" are valid resolutions in theory, but how exactly can you make that happen without becoming overwhelmed? Instead, get more specific and chose to do one thing that will make you a better worker or student.

## 9. If you're trying out or applying for something, pick one thing to improve on.

Making your resolution "get into the school play" is awesome, but again, too broad. Pick one thing that will make you a better candidate and try to improve your skills. Whether that means taking the time to update your resume, create a website for yourself or practicing your interviewing skills with a friend, taking the time to do so will make for an easier time getting to where you want to go.

## 10. Say "yes" more.

Saying yes isn't just about always being available, but it's about putting yourself out there in moments when you're unsure of yourself, or afraid. Remembering to say "yes" to a friend who wants to have dinner with you (when you'd rather be watching Netflix) is tough. But pushing yourself to see people, or take on projects, etc., could make you happier in the long run.

## 11. Have designated "happy thoughts" to pick you up when you go to that "sad place."

We've all had those moments: we're sitting in bed, or alone, and boom, you think your life sucks. You get sad, a bit anxious, and you might even cry. And that's okay, but in the new year, don't let "that place" be the place you frequent. Instead, go Oprah on yourself and have a least one or two positive thoughts and things in your life to think about when you're down. Okay, your boss may be sucking the life from your soul, but remember, you have an amazing pet and at least one person to crack open a bottle of wine with.

## 12. Break bad habits by picking an alternative.

Smoke? Trying [vaping](#), instead. Drink too much? Try replacing whiskey on the rocks with vodka soda. Use Q-tips to clean your ears way too often? Limit yourself to once and a week. Slowly but surely, you'll wean yourself off of these habits, but the first step is getting away from them in some capacity to begin with.

## 13. Make a three-for-three promise.

So, we made that phrase up, but you'll only get so far if your resolution is to be more hygienic. Pick three things you want to add to your routine and stick with them. For instance, if you're cavity prone, vow to brush twice a day, floss and use mouthwash every night.

## 14. Don't press snooze (at least not every day).

Getting better sleep is hard work. But not hitting snooze can be a good start. It's a simple, yet effective way to [feel more well-rested](#). If you want to go a step further, try to set a bedtime, use [a sleep app](#) to know when to go to bed and wake up for optimal sleep and keep electronics away from your pillow.

## 15. Smile more.

Smiling can lift your mood, even if it's for no reason. This is a good resolution to make if you're goal is to become a happier person in general. [As Psychology Today puts it](#), "each time you smile you throw a little feel good party in your brain."

Cheers to that — and the New Year!

Material taken from the internet site <http://aplus.com/a/new-years-resolutions-2015>

## **CURT'S MGB – GT AN UPDATE**

Over the past several years, **Curt Holland** has updated us on his progress with restoring his **MGB -- GT**. Got this note from him and wanted to share it with the rest of the Club.

Just added a few photos of work over the last couple of months to front suspension and rack and pinion system. Bending brake lines now.  
**Curt Holland**

<http://www.oldengine.org/members/holland/images/MGBGT/Thumbnails.html>

# TRIPS, SPEAKERS, AND IDEAS FOR 2015

HELP MAKE OUR CLUB BETTER – BRING YOUR THOUGHTS TO JANUARY MEETING

**MONTHLY MEETING IDEAS:** *Someone who loves cars, may be an expert in a specific area, wants to share the story of his or her car. Not more than fifteen minute presentation.*

**Possible speaker idea:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Possible speaker idea:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**CAR SHOW EVENTS:** *This could be a weekend trip or a day trip to another Club's Car Show. If you are a member of another Club or your car's marque Club, what dates do you have and where are they?*

**Possible weekend trip or show:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Possible weekend trip or show:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**IMPROMPTU EVENT:** *It is a sunny Sunday morning and you decide that this afternoon you want other car folks to go with you to a State Park for a picnic or visit a winery or brewery in western North Carolina. How would we get the word out?*

**Possible impromptu trip:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**OUTSIDE THE BOX IDEA:** *Do you have an idea of some event or activity that the Club could do to help meet our Mission Statement that is different or unique.*

**Possible Outside of the Box Idea:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## HAVING A MONTHLY DRIVING EVENT

Over the past several Saturdays, different folks have participated in a discussion about how what would make the Club better as they drank coffee at Lily Bean Micro Roast Coffee Shop. One of the common topics is looking for opportunities to drive our cars with other Club members.

Exploring the idea of a fun drive, **Bruce Harless** has been in contact with **David Deal** from Morganton, who is with the **Table Rock Sports Car Club**. The **Table Rock Sports Car Club (TBSCC)** has an active program that we may link to, which involves a monthly drive. The group meets at a designated starting point, maps are distributed and a gathering point for lunch is established and then folks go drive their cars either together or by themselves.

This is monthly activity for **TBSCC** usually is on the second Saturday of the month, in January moved to the third Saturday because of the holidays.

**TBSCC** has invited **BREMC** to participate in their January event.

At our monthly **BREMC** meeting, Bruce would like to share this idea with the group to see who is interested. Whoever is interested in the group, then they could do the drive with **TBSCC** on Saturday, January 17th.

Here is the basic idea and timeline for **BREMC** members to participate: We would meet at the court square on Saturday morning, leave AT 0900 for Morganton. Arrive 10:00, leave for a 2-hour drive with them, via Lake James, Marion, etc. stopping for lunch at Countryside BBQ . Then they return to Morganton via #226, and we head home. That would put us back and in our homes before 2 pm.

**TBSCC** will do this if it is not raining or snowing.

**Bruce** has already committed to go, top down if it is above 30°F and hopefully others will.

If you have ideas for other fun trips or activities, bring them to the January meeting or send them to **Skip Wise**.

As **Skip** reminded us – Let's have fun!